



I LOVE
OMAN



OFF-ROAD MOTORCYCLE ADVENTURE

Detailed Itinerary

DAY 1

Arrival in Muscat, City Tour and Welcome Dinner

Arrival in Muscat and transfer to the farmhouse located in Seeb, just outside Muscat. Free time (depending on the flight arrival time), with the possibility of visiting the city. At 7:00 PM, participants will meet at the farmhouse for the welcome dinner and first overnight stay.

Destination Focus: Muscat

Muscat is one of the most elegant capitals in the Middle East. Famous for the majestic Sultan Qaboos Grand Mosque, Al Alam Royal Palace and the lively Muttrah Souk with its scents of incense and spices.



Accommodation:	Farmhouse (Muscat)
Meals:	Welcome Dinner

DAY 2

Muscat – Quriyat – Wadi Al Arbeen – Beach Camping

Breakfast at 7:30 AM followed by a technical briefing on the itinerary, riding and safety. Departure from Muscat with approximately 45 minutes on paved roads to get familiar with the motorcycles. We then move onto gradual gravel tracks through the spectacular mountains connecting Muscat to Quriyat. 45-minute lunch stop in Quriyat. In the afternoon, head towards Wadi Al Arbeen, a spectacular off-road route leading to natural pools, perfect for a refreshing swim. Continue along secondary roads to the beach camp to enjoy the sunrise the following day.

Destination Focus: Quriyat & Wadi Al Arbeen

Quriyat is a historic fishing village watched over by an ancient fortress. Wadi Al Arbeen is one of Oman's wildest and most spectacular canyons, characterized by steep rocky walls and emerald pools.

BREAKFAST
(7:00 AM)
BRIEFING
(8:00 AM)

MUSCAT — 75KM ROAD — YITI — 91KM OFF ROAD (70%) — QURAYYAT — 37KM OFF ROAD (65%) — AL ARBIEEN — 25KM OFF ROAD (100%) — BIMMA

Accommodation:	Beach Camping
Meals:	Breakfast, Lunch, Camp Dinner

DAY 3

Beach – White Mountain (Beehive Tombs) – Bidiyah Dunes

Breakfast at the camp and departure towards the challenging White Mountain (Jebel Al Abyad) to visit the ancient Beehive Tombs (Jaylah Beehive Tombs), a historic heritage site dating back more than 3,000 years. After an exciting ascent and descent over varying-grip terrain with steep slopes, the route leads to the golden dunes of the Bidiyah desert. Overnight in a comfortable Bedouin camp equipped with beds and showers, an ideal setting for stargazing in the desert.

Destination Focus: White Mountain & Sharqiya Sands

The Jaylah tombs are mysterious Bronze Age funerary towers perched on the plateau. The Bidiyah desert offers impressive red and golden sand dunes, home to nomadic Bedouin communities.

BIMMA — 24KM ROAD — WHITE MOUNTAIN — 55KM OFF ROAD (100%) — DIMA WATTAYEEN — 58KM OFF ROAD (20%) — BIDIYAH

Accommodation:	Bedouin Camp (Beds>Showers)
Meals:	Breakfast, Lunch, Bedouin Dinner

DAY 4

Bidiyah – Al Qabil – Izki (Campfire & Nature)

After breakfast in the desert, set off again along fantastic off-road routes towards Izki, passing through the Al Qabil oasis. A day immersed in Oman's unspoiled nature. The evening will be spent camping under the stars, enjoying the peace of nature and the warmth of an evening campfire.

Destination Focus: Izki & Al Qabil

Izki is one of Oman's oldest settlements, famous for its historic irrigation channels (Falaj), UNESCO heritage, and the ancient mud-brick ruins of Zikit and Al Nizar.

BIDIYAH — 19KM OFF ROAD (40%) — AL QABIL — 55KM OFF ROAD (75%) — DIMA WATTAYEEN — 120KM OFF ROAD (35%) — IZKI

Accommodation:	Tent Camping
Meals:	Breakfast, Lunch, Campfire Dinner

DAY 5

Izki – Nizwa – Jebel Shams – Damm

From Izki, travel through the historic city of Nizwa before ascending towards Jebel Shams, the “Mountain of the Sun”, Oman’s highest point at approximately 3,000 metres in altitude (the itinerary reaches viewpoints above 2,000 m). The road offers breathtaking views of the “Grand Canyon of Arabia” (Wadi Ghul). Continue to Damm for an overnight stay at a farmhouse equipped with comfortable beds and showers.



Destination Focus: Nizwa & Jebel Shams

Nizwa is the ancient cultural capital of Oman, renowned for its impressive circular fort and silver souk. Jebel Shams features dramatic gorges more than 1,000 metres deep and is the main peak of the Hajar mountain range.

IZKI $\xrightarrow[\text{ROAD}]{50\text{KM}}$ NIZWA $\xrightarrow[\text{ROAD}]{48\text{KM}}$ AL HAMRA $\xrightarrow[\text{OFF ROAD (50\%)}]{45\text{KM}}$ JABEL SHAMS $\xrightarrow[\text{OFF ROAD (90\%)}]{23\text{KM}}$ DAMM

Accommodation:	Farmhouse (Damm)
Meals:	Breakfast, Lunch, Dinner

DAY 6

Damm – Al Rustaq & Hot Springs – Muscat

Final exciting day of off-road riding along mountain routes and spectacular wadis towards Al Rustaq. Visit the area and the famous natural hot springs of Ain Al Kasfah. Finally, return to Muscat for an overnight stay at the starting farmhouse, completing the circular route on two wheels.



Destination Focus: Al Rustaq

Al Rustaq, historically the capital of Oman during the Ya'aruba dynasty, is renowned for the majestic Al Rustaq Fort and its therapeutic sulphurous hot springs.

DAMM $\xrightarrow[\text{OFF ROAD (60\%)}]{75\text{KM}}$ RUSTAQ $\xrightarrow[\text{ROAD}]{5\text{KM}}$ AIN AL KASFAH $\xrightarrow[\text{OFF ROAD (30\%)}]{101\text{KM}}$ MUSCAT

Accommodation:	Farmhouse (Muscat)
Meals:	Breakfast, Lunch, Dinner

DAY 7

Excursion to the Dimaniyat Islands

A day dedicated to relaxing by the sea: boat excursion to the Dimaniyat Islands Nature Reserve for snorkeling sessions in crystal-clear waters, among coral reefs and sea turtles. At the end of the excursion, transfer to a 4**** hotel in Muscat (Golden Tulip or similar) for the overnight stay. Dinner at leisure in Muscat to explore the local restaurants.

Destination Focus: Dimaniyat Islands

A protected archipelago made up of 9 islands of bare rock and white sand, often referred to as the “Maldives of Oman”, and a natural sanctuary for green and hawksbill turtles, whale sharks and colourful tropical fish.

MUSCAT $\frac{1 \text{ HOUR}}{\text{-----}}$ DAYMAINIYAT $\frac{1 \text{ HOUR}}{\text{-----}}$ MUSCAT
ISLANDS

Accommodation:	Hotel 4**** Muscat (Golden Tulip or similar)
Meals:	Breakfast, Lunch (Dinner at leisure)

DAY 8

Breakfast and Airport Transfer – End of Services

Breakfast at the hotel (last included service). Depending on the scheduled return flight time, organized transfer to Muscat Airport. End of services.

Meals:	Breakfast
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